

EUROPEAN POWERLIFTING FEDERATION

The 25th JUNIOR'S MEN AND 15th JUNIOR'S WOMEN EUROPEAN POWERLIFTING CHAMPIONSHIPS

9th - 13th June 2009

IN JÖNKÖPING, SWEDEN

Sanctioned by the European Powerlifting Federation,
the Swedish Powerlifting Federation

invite the EPF member nations to participate in the

25th Junior's Men & 15th Junior's Women European
Powerlifting Championships 2009 in Jönköping, Sweden

Please note: all information is posted only for information purposes. All team selections, all official entries for the Championships and all hotel bookings must be done by EPF-Member nations, NOT by individuals.

Meet Director: Björn Stolphammar
Mobile phone: +46 (0) 708561941
Fax: +46 (0)16 134255 E-mail: bjorn.stolphammar@swipnet.se

Technical Secretary: Esbjörn Haraldsson
Mobile phone: +46 (0) 7352634116
E-mail: esbjorn.haraldsson@bredband.net

EPF Championship
Secretary: Jiri Hofirek, Malickeho 980, 410 02 Lovosice, Czech Republic.
Tel +420 739 405689 E-mail: jirih@atlas.cz

Host City : Jönköping, Sweden.

Date: 9. – 13. June 2009.

Venue: Idrottshuset i Jönköping, Lagermansgatan 4

Technical Meeting: Tuesday 9th June at 1900 hours at Venue.

Referees Clinic: Tuesday 9th June after the Technical Meeting at Venue.

Hotels: Comfort Hotel: Klostergatan 28 *55317*Jönköping
+46(0)36129401
E-mail: co.jonkoping@choice.se
Hotel Savoy: Brunnsgratan 13-15*55317*Jönköping

1. Hotel Comfort

Single room: Euro 50,00 per person / night, including breakfast

Double room: Euro 33,00 per person / night, including breakfast

Extra bed in double room: Euro 12,00 per person / night, including breakfast.

2. Hotel Savoy

Single room: Euro 50,00 per person / night, including breakfast

Double room: Euro 33,00 per person / night, including breakfast

Extra bed in double room not available.

Note: All Hotel costs must be covered by all nominated lifters and officials if we have not received information about a cancellation at the latest 7 days prior to the date of the Championship. The deadline is 2nd June 2009. The same applies to the participation and antidoping fees (EPF By-Laws 103.2 and 105.5.1).

The organizer will not be responsible for any hotel bills of the participating nations. All delegates must pay directly their rooms at the arrival at the hotel reception. Payable by credit card or cash (Euro). All the rooms must be booked at latest with the deadline of the final nomination - 19th May 2009.

All accommodation fees can also be paid by bank transfer to the bank account:
Bank number: 91950952004
IBAN: SE699190000009195095004
SWIFT: DNBASEX
Name & address: .Comfort Hotel Jönköping

Bank number: 5826-0696
IBAN: SE171200000013400111023
SWIFT: DABASEX
Name & address: .Hotel Savoy Jönköping

Payment must be received at the above mentioned bank account at the latest 7 days prior to the beginning of the Championship.

Arrivals/Transportation: Transport from Jönköping airport to hotels in Jönköping. Price of 20 EUR for round trip must be paid at arrival at the Championships Office. Any national team will not be accredited until the reserved transportation has been paid. Please send therefore your detailed travel itinerary to the Meet Director so that the transfer can be provided.

Scales: Scales available at venue and at Hotels.

Training: Training facilities available at venue.

Flag and anthem: Each country must bring its flags and anthems to the Technical Meeting.

Photos: Identification is necessary for security reasons; each nation must send one photo for each lifter, coach and official. A maximum of three coaches per national team will be allowed into the venue free of charge. Photos must be sent together with the final nominations. If possible, send a digital version by email.

Closing Banquet: Saturday 13th of June at 2000 hours at Pallas Atena Restaurant (400 meters from Comfort Hotel and 100 meters from Hotel Savoy). Price Euro 20,00 per person. Tickets for the Banquet must be payed at the Competition Venue (Information desk) before Friday 12th of June 18.00 hours.

Participation Fee: 20 EUR for each lifter must be paid by bank transfer to the EPF bank account before the Technical Meeting. EPF invoice will be sent by the EPF Treasurer 7 days before the Technical Meeting.

Anti-Doping Fee: 50 EUR for each lifter must be paid by bank transfer to the EPF bank account before the Technical Meeting. EPF invoice will be sent by the EPF Treasurer 7 days before the Technical Meeting.

Opening Ceremony: Wednesday 10th of June at time for Victory ceremony men 52-75 kg, around 1900 hours, at Competition Venue (Idrottshuset). Two representatives (one lifter and one official) from each participating country shall take part at the Ceremony.

- Nominations: Team nomination forms must be in the hands of the Meet Director and the EPF Championship Secretary not later than:
- Preliminary: 10th April 2009 (complete filled in preliminary form must be sent. No final nomination will be accepted if a complete filled in preliminary nomination form was not sent in time).
- Final: 19th May 2009 (later entries will not be accepted).

Preliminary nominations must be sent not later than 60 days before the date of the Championships. Final nomination must be submitted not later than 21 days before the date of the Championships, and must be made from those nominated 60 days before the date of the Championship. This is inclusive of reserve or alternate lifters. According to this, no reserve lifters can be in the final nomination of any nation.

All lifters are expected to present passports and other required documents at the weigh-in.

Correspondence: E-mails or fax messages (e-mails are preferred) regarding the championships must be sent to: Meet Director Björn Stolphammar, e-mail: bjorn.stolphammar@swipnet.se and a copy to the EPF Championship Secretary Jiri Hofirek.

Health Insurance: All delegate members must have a valid health insurance. The Organizer and the EPF will not incur any expenses for a doctor or a stay in hospital. We recommend a travel insurance for covering loss of luggage, delayed flights, etc.

Web site: More information available at the special web site of the Championship: www.styrkelyftaren.com

Preliminary time-table Junior's European Powerlifting Championships 2009

Day	Weigh in time	Classes	Start
Wednesday: 10. 6. 2009	0900-1030 hours	Women 44,0 & 52,0 kg	11:00
	1300-1430 hours	Men 52,0 to 75,0 kg	15:00
Thursday: 11. 6. 2009	0900-1030 hours	Women 56,0 to 60,0 kg	11:00
	1300-1430 hours	Men 82,5 & 90,0 kg	15:00
Friday: 12. 6. 2009	0900-1030 hours	Women 67,5 & 75,0 kg	11:00
	1230-1400 hours	Men 100,0 & 110,0 kg	14:30
Saturday: 13. 6. 2009	0830-1000 hours	Women 82,5 to 90+ kg	10:30
	1100-1230 hours	Men 125,0 & 125+ kg	13:00

Victory Ceremonies: Immediately after the end of each lifting session.

Important Note: Changes may be made to the schedule of events at the Technical Meeting depending on the number of lifters finally entered at this occasion.

Arnulf Wahlström
EPF President

Björn Stolphammar
Meet Director

Jiri Hofirek
EPF Championship
Secretary